

TEE Sisterhood strives to unite women by encouraging friendship, personal growth, leadership, life-long learning, & community.

mindful vs. mindFULL

**THURSDAY, JUNE 18**

**6:30 PM**

In-person only at Temple Emanu El

Led by Bonnie Hershey, M.Ed.

Experiential Learning • Dessert + Refreshments

Learn, reflect & connect as we explore the difference between mindful & mind full. Participants will leave with practical tools, fresh insights, & strategies.

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This is also a wonderful opportunity to meet & welcome our Director of Lifelong Learning, Yael Greene, to our communiTEE!

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**RSVP by Monday, June 15th**  
to Ashley Walker, [AWalker@teecleve.org](mailto:AWalker@teecleve.org)