

Mussar Lunch n' Learn: Humility

In Memory of Larry Mattes

September 17th | 12 - 1pm

"Mussar is a Jewish spiritual study and practice that gives us the tools to live more meaningful and holy lives. These monthly gatherings will examine foundational Mussar middot (values) through text study, group discussion and daily practice."

Monthly discussions will be organized by Middot (values) from Alan Morinis' book "Everyday Holiness"

This month's will be Humility (Chapter 7) Rabbi Matt suggests reading the chapter prior to the lunch n'learn but it is not required to be a part of the discussion.

- ★ Taught by Rabbi Matt Cohen
- ★ Bring your own lunch
- ★ Beverages provided by TEE Brotherhood
- ★ Open to All TEE Members
- ★ RSVP to Ashley Walker, awalker@teecleve.org

"Everyday Holiness is an exceptional resource, illuminating how true spiritual transformation can take place in our lives one day at a time."
—Spirituality and Health

The
JEWISH SPIRITUAL PATH
OF MUSSAR



Everyday
HOLINESS



ALAN MORINIS